



PHYSICAL THERAPY & PERFORMANCE

Our March Newsletter!

Good Morning, Bridge Fam! (it's 5am somewhere)

It's April, which means baseball season is in full swing, the vibes are high, and we've got a lot of exciting updates (plus some behind-the-scenes magic) to share. Let's get into it!

Pitching Gets an Upgrade: Metrics, Booking & More

Big changes are here—and they're all designed to give our pitchers the best experience possible.

Brent has been working closely with Hyde to completely revamp how we track the performance of our pitchers. More meaningful metrics = better coaching = better results. We're making data-driven adjustments that directly impact development.

That's not all—we've completely revamped our pitching services:

- All sessions are now fully private (same price as the old semi-private option!)
- General warm-ups are expected to be completed before your scheduled appointment time
- Evaluations are longer and more thorough
- You can now book your pitching sessions online ☐

☐ [Click Here to Book Your Lessons!](#)

These changes give you more 1-on-1 time, more value, and a smoother, more efficient experience.

➔ Want to work with Brent remotely? Just reply to this email and we'll get you set up. It's a great option for those who can't make it to Bridge in person but still want top-tier coaching.

Gulliver Baseball Takes Over Bridge

We had the pleasure of hosting the Gulliver Baseball Team for one of their practices! They came through to throw their bullpens and get in some hitting work. The energy was ☐, and we love being able to support local programs however we can.



Client of the Month: Guru!

This month's client shoutout goes to Guru, who earned the prestigious honor of hosting the Bridge Boys for a golf day. Unfortunately, we didn't get a picture with him or Vic as we were just having too much fun to even think

about it. We're not saying anyone was good, but let's just say we definitely hit the ball... eventually. Thanks for the hospitality and laughs, Guru!



Meet Tomas, Our New Intern ☐☐

If you've been in the clinic lately, you've probably seen a new face around. That's Tomas Henao, our latest student intern! He's already been with us a few weeks and will be hanging with the team for most of April. Make sure to say hi and feel free to quiz him—we're big fans of throwing him curveballs (literally and academically).



☐ Phone Issues = Solved ...well almost

You may have noticed some weirdness with our phones this past month—texts not sending, calls not going through, general chaos. That was us trying to switch some things around... and technology humbling us in the process. The good news: we're very close to getting everything resolved. Our office line is receiving phone calls again but still isn't working for text just yet. Again, we're almost there and should have that back up and running soon. Thanks so much for your patience and understanding. ☐

Thanks as always for being part of the Bridge family. We're constantly working to evolve and make our services better, and we're glad you're along for the ride. Let's make this spring one to remember!

Best,
The Bridge PTP Team
☐ (305) 204 - 6550
☐ Contact@BridgePTP.com

P.S. Remember—Owen is still on staff. He accepts belly rubs as tips. ☐

We hope you enjoyed the newsletter! If you're dealing with anything, hopefully you know where to find us (at the end of the street in the warehouse with really poor parking ☺). We also hope that you think of us if you know someone who could use our help. We'll make sure they are more than satisfied with your referral.

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